



CoastalTraining
COLLEGE

FIRST AID SAVES LIVES

Online and face-to-face learning



Public Courses & Workplace Solutions First Aid & Safety Training

First aid / Safety Course	Public course	Group 5-10	Group 10-15	Group 15+
HLTAID009 Provide CPR	\$60	\$70	\$65	\$60
HLTAID011 Provide First Aid	\$110	\$120	\$115	\$110
HLTAID012 Provide First Aid in an Education & Childcare Setting	\$120	\$130	\$125	\$120
HLTAID014 Provide Advanced First Aid	\$200	\$210	\$205	\$200
HLTAID015 Provide Advanced Resuscitation & Oxygen Therapy	\$135	\$145	\$140	\$135
PUAEME007 Provide emergency care for suspected spinal injury	\$200	\$210	\$205	\$200
Course Set - HLTAID009 & UETDRMP007 (CPR/ LVR)	\$100	\$110	\$105	\$100
Course Set - HLTAID011 & UETDRMP007 (First aid/ LVR)	\$140	\$150	\$145	\$140
Course Set - HLTAID009 (CPR), 22556VIC (Asthma) & 22578VIC (Anaphylaxis)	\$100	\$110	\$105	\$100
Course Set - First aid (HLTAID011), Asthma (22556VIC) & Anaphylaxis (22578VIC)	\$140	\$150	\$145	\$140

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Training and Assessment Delivered on behalf of Allens Training Pty Ltd RTO 90909.

- Nationally recognised training
- Certificate usually received in 24 hours
- Experienced industry professional trainers
- Fun & engaging training with 5 star reviews



1300 636 153
www.coastaltrainingcollege.com.au
info@coastaltrainingcollege.com.au

Scan for course information, times and booking





First Aid & Safety

STARTING
FROM
\$60
PER PERSON

HLTAID009

Provide Cardiopulmonary Resuscitation

Cardiac arrest is a medical emergency that can lead to death. With urgent medical care to restart the heart, survival is possible.

Quick decision making is required to recognise and assess a cardiac emergency, call for medical assistance and perform Cardiopulmonary Resuscitation (CPR) procedures which will increase the chance of survival for a person who is unconscious and not breathing normally.

In this CPR course, you will learn these skills, in line with the Australian Resuscitation Council guidelines, including using an automated external defibrillator (AED), how to rotate first aiders with minimal interruptions to compressions, and what to do if the casualty regurgitates or vomits.

The course also covers conveying accurate incident details when handing the casualty over to emergency services, how to review an incident, to recognise any psychological impacts on self and other rescuers, to seek help if required and for improvement of own personal skills and response times.



Confidence in delivering CPR



Industry recognised qualifications



Workplace or public courses

Online & in-person options

- Refresher min. duration: 90 minutes
- Blended min. duration: 90 minutes
- Face-to-face min. duration: 120 minutes
- Online with Face-to-Face (up to 5 students) Min. duration: 20 minutes
- Online with Face-to-Face (more than 5 students) Min. duration: 40 minutes

Training and
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First Aid & Safety

STARTING
FROM
\$110
PER PERSON

HLTAID011

Provide First Aid

With instruction and practical training in line with legal, workplace and community considerations, Australian Resuscitation Council guidelines and other Australian national peak clinical bodies, this first aid course teaches the skills and knowledge to recognise emergencies and provide immediate and effective first aid treatment to any person suffering a sudden illness or injury.

The course covers assessing the casualty, providing safety, accessing emergency services, and using resources to provide first aid, such as providing CPR and using a defibrillator, administering an autoinjector for anaphylaxis, administering asthma medication, assisting someone choking, using appropriate immobilisation techniques for envenomation, fractures, dislocations, sprains and strains, managing casualties with non-life-threatening bleeding and shock.

You will learn basic anatomy, physiology and the differences between adults, children and infants relating to CPR, the importance of the chain of survival, written and verbal reporting of incident details, reviewing incidents to improve own skills and response times, to recognise psychological impacts, and seeking help as required.



Confidence in an emergency



Industry recognised qualifications



Workplace or public courses

Online & in-person options

- Refresher min. duration: 360 minutes
- Blended min. duration: 360 minutes
- Face-to-face min. duration: 450 minutes
- Online with Face-to-Face (up to 5 students) Min. duration: 60 minutes
- Online with Face-to-Face (more than 5 students) Min. duration: 120 minutes

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First Aid & Safety

STARTING FROM
\$120
PER PERSON

HLTAID012


Provide First Aid in an Education & Childcare Setting


This course provides practical training for workers within an education and care setting to respond to first aid emergencies in line with legal and workplace requirements, Australian Resuscitation Council guidelines and other Australian national peak clinical bodies.


It teaches how to identify illness or injury, access emergency services, safely provide first aid treatment using action plans, equipment and resources, for CPR, defibrillation, administering an autoinjector for anaphylaxis, administering asthma medication, immobilisation for envenomation, fractures, dislocations, sprains and strains, for bleeding and shock and other conditions.

You will learn basic anatomy, physiology and the differences between adults, children and infants relating to CPR, managing an infant or child with an acute illness, or who requires an immediate ambulance response and conveying incident details to parents, caregivers and emergency services.

The course covers completing incident documentation and debriefing for improvement of response, recognising psychological impacts, talking with children about their emotions and seeking help as required.

 Focus on infant & child first aid

 Convenient quality training

 Workplace or public courses

Online & in-person options

- Refresher min. duration: 420 minutes
- Blended min. duration: 420 minutes
- Face-to-face min. duration: 540 minutes
- Online with Face-to-Face (up to 5 students) Min. duration: 60 minutes
- Online with Face-to-Face (more than 5 students) Min. duration: 120 minutes




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Allens Training
RTO 90909
Quality Assured Training for over 20 years

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First Aid & Safety

STARTING
FROM
\$200
PER PERSON

HLTAID014

Provide Advanced First Aid

Challenging situations, such as multiple casualty incidents, having to move or extricate casualties, or treating potentially fatal illnesses and injuries are high risk. It is imperative that training occurs to be able to know what to do when confronted with a real-life incident.

This course provides practical simulated real-life situations to learn and gain the confidence to coordinate and manage a response and provide advanced first aid in line with legal, community and workplace considerations, Australian Resuscitation Council guidelines and other Australian national peak clinical bodies until emergency services arrive.

Instruction on basic first aid and CPR will be provided, as well as treatments specific to advanced conditions, such as hypothermia or hyperthermia, head, neck and spinal injuries, using tourniquets and haemostatic dressings for life-threatening bleeding, and managing a casualty in shock.

The course covers recording casualty condition, completing workplace incident documentation and debriefing for recognising areas for improvement, psychological impacts, and seeking help as required.



Simulated real-life situations



Advanced first aid knowledge



Workplace or public courses

Online & in-person options

- Refresher min. duration: N/A
- Blended min. duration: N/A
- Face-to-face min. duration: 960 minutes
- Online with Face-to-Face (up to 5 students) Min. duration: 360 minutes
- Online with Face-to-Face (more than 5 students) Min. duration: 360 minutes

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